# OMAN MEDICAL SPECIALTY BOARD



Policy Title	Dress Code Policy for OMSB Trainees				
Policy Number					
Functional Field	Trainee Education				
Related Policies	<ul> <li>Termination (Policy #6)</li> <li>Assessment and Counselling (Policy #11)</li> <li>Violations and Offences (under revision)</li> <li>Reporting and Management of Professional Misconduct (under revision)</li> </ul>				
Responsibility of	Trainee Affairs Department				
Status	Approved	In-revision		Proposed	
		Draft #		Draft #	
Approved By	Board of Trustees				
Effective Date	12 May 2022				

Revision History					
Number	Date	Ву	Main Changes		
Revision # 1					
Revision # 2					

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#### 1. POLICY TITLE

Dress Code Policy for OMSB Trainees

#### 2. DEFINITIONS AND ABBREVIATIONS

Trainee: A physician registered in one of the OMSB training programs.

## 3. POLICY STATEMENT

A trainee should exhibit and maintain a professional demeanor. Personal appearance is an essential element of this conduct. Hence, OMSB trainees are expected at all times to be well groomed and dressed in a manner that conveys a professional image, promotes an appropriate view of the institution, and inspires confidence and trust in patients and colleagues.

OMSB trainees and OMSB-affiliated training institutions cater to a multi-cultural patient population, where clothing choices may express different context for different populations. The Trainees' appearance must conform to the standards and norms of both clinical and non-clinical setting in which the Trainee is situated in, and must be consistent with the trainee's duties and responsibilities.

#### 4. PURPOSE/ REASONS FOR POLICY

4.1. Reasons for Policy

It is made to be a regulatory part to implement the OMSB Training Bylaw

#### 4.2. Purpose of the Policy

This policy aims to outline the dress code and professional attire standards for all OMSB trainees.

#### 5. SCOPE OF APPLICATION

This policy applies to OMSB trainees.

#### 6. THE UNIT RESPONSIBLE OF THE POLICY

Trainee Affairs Department, and it is responsible for developing, overseeing, reviewing and updating this policy. The authority concerned must be notified before any updates or changes to this policy

#### 7. APPROVAL BODY

**Board of Trustees** 

## 8. PROCEDURE

All OMSB Trainees are expected to adhere to the Dress Code guidelines and standards outlined, and must abide by each OMSB-affiliated training institutions dress code, which may have more stringent requirements not detailed below:

## 8.1. Identification (ID) Card

- 8.1.1 The OMSB-issued ID card or other ID badge as required by the affiliated training institution must be worn at all times during shifts.
- 8.1.2 The ID card must be worn above the waist, at the left side.

## 8.2. Grooming and Hygiene

- 8.2.1 Hair should be worn in a manner that prevents contamination or causes safety hazard.
- 8.2.2 Facial hair should be neatly trimmed and maintained.
- 8.2.3 Avoid fragranced lotions, perfumes or colognes.
- 8.2.4 Avoid artificial nails, extenders and embedded jewelry, tattoos and piercings.
- 8.2.5 Avoid exaggerated and distracting jewelry and the jewelry that that is affects the safety of the trainee and others.

#### 8.3. Clothing

- 8.3.1 Male trainees should wear appropriate shirt, trousers and a white coat. They may, instead, wear the traditional attire (dishdasha and turban).
- 8.3.2 Female Trainees should dress appropriate and professional dress and with a white coat.
- 8.3.3 Hospital scrubs are acceptable and encouraged at learning and training sites.
- 8.3.4 Clothing should fit properly, be clean and in good condition.
- 8.3.5 The trainee's clothing should comply with the infection control policies of the training centers.
- 8.3.6 The trainees should not wear clothing that is non-professional in appearance, length or fit, including but not limited to:
  - 8.3.6.1 Cut offs, overalls, leather pants, legging, stretch pants or sweatpants
  - 8.3.6.2 Any clothing, including lab coats, that are soiled or torn.

#### 8.4.Footwear

- 8.4.1.Closed-toe footwear are required for the trainee when available in purely training/clinical environment.
- 8.4.2.High-heels shoes are not allowed at training sites. If the trainee is in an official attire, appropriate shoes should be worn.
- 8.4.3.Footwear should be clean and in good condition.

## 9. RELATED POLICIES

- 9.1.Termination (Policy #6)
- 9.2.Assessment and Counselling (Policy #11)
- 9.3. Violations and Offences (under revision)
- 9.4. Reporting and Management of Professional Misconduct (under revision)

## **10. RESPONSIBILITY FOR IMPLEMENTATION**

- 10.1.Education Committees
- 10.2. Trainee Affairs Department

#### **11. ISSUING OFFICE**

11.1.Executive President

#### 12. REVIEW

12.1.Executive Academic Committee will review this policy and make the necessary modifications and changes as deemed appropriate, no later than three (3) years from the date of the most recent version.

#### **13. DIFFICULTIES/CHALLENGES**

- 13.1.Not adhering to the policy by the OMSB Trainees.
- 13.2.No following up from the Education committees and the Faculty

## **14. POLICY APPENDICES**

None

## **15. POLICY INDEXING**

15.1.It will be indexed as per OMSB indexing guidelines

## 16. REFERENCES

16.1.Royal Decree 31/2006 Promulgating the System of Oman Medical Specialty Board

16.2.OMSB Training Bylaw 13/2019

16.3. Dress Code for Medical Students and Doctors in-Training, Sultan Qaboos University

16.4. Professional Attire and Dress Code Policy, University of Connecticut

16.5. Graduate Medical Education Policy Manual, University of Illinois at Chicago

16.6.Dress Code Policy for Residents, George Washington University

16.7.Dress Code, Ministry of Health, Oman